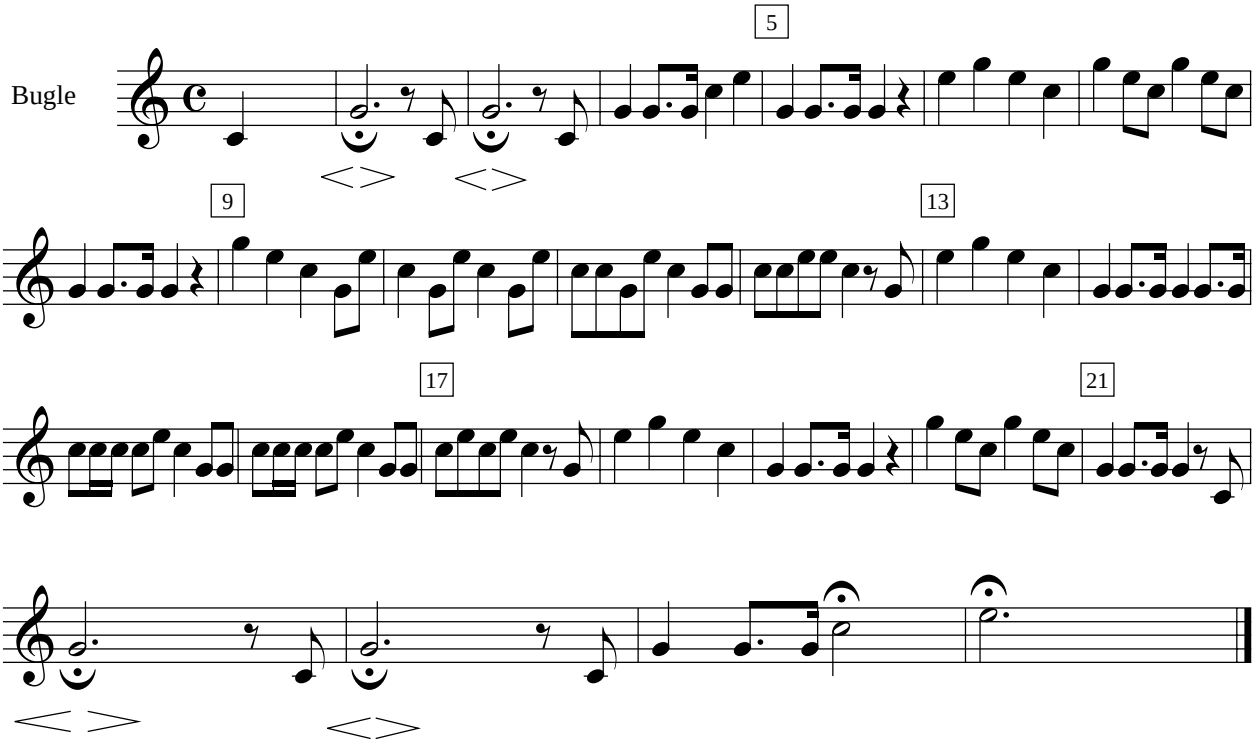Last Post